



THE 7TH ANNUAL KOWIN NETWORKING AND MENTORING LUNCHEON 2016

CAREER, FAMILY, AND ME: “A BALANCING ACT”

Be inspired by the personal journeys and shared stories of remarkable Korean American women, and learn how to manage stress and communicate effectively.

Saturday, June 18, 2016

9:00 a.m. – 3:30 p.m.

The Glen Club, 2901 W. Lake Ave., Glenview, IL 60026

2016 KOWIN CHICAGO NETWORKING LUNCHEON COMMITTEE

KOWIN President: Esther Yang

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Interns: Audrey Kim, YeSol An, Grace Shin

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Networking, Mentoring, & Empowering.

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CONFERENCE SCHEDULE

9:00 – 9:30 a.m. Registration

9:30 – 11:30 a.m. Morning Program: Storytelling

Life Stories: Career, Family, and Me (Moderator: Susie An, WBEZ reporter)

For women, the demands of career, family, and children can be overwhelming. Can we “lean in” and “have it all” as some claim, or do we sacrifice some part of our lives? Is “career vs. family” a zero-sum game? Many women have soul-searched and navigated this issue. Hear their life stories and learn strategies.

Keynote Speaker: Elia Yi Armstrong, Senior Official of an Intergovernmental Organization, and a Korean Canadian currently living in New York City.

Personal Journeys: Sharing Our Passion, Leading Locally and Globally

In this panel, three successful women who followed different paths share their experiences and insights into balancing families and careers.

Panelists:

Alicia Mang: An experienced empty-nester with three adult children, Managing Partner at Mont Fort Ventures, a strategic advisory and investment firm, and part-time Associate Professor in the Business School at Ulsan National Institute of Science and Technology in South Korea.

Hyon Ko: A new mom, and US Head of Transformation Governance for HSBC North America.

Sorah Kim: A former lawyer, welcoming her second daughter and pursuing a post-baccalaureate degree in science in order to pursue a career as a dentist.

11:30-1:00 p.m. Lunch and Networking

1:00 – 3:30 p.m. Afternoon Program: Strategies

Workshop: Life Skills

Stress Management: Easy Does It! In this workshop, presenter **Julie Lee Dorr**, a marriage and family therapist, will provide insight into women’s mental health and issues stemming from intergenerational and cultural conflicts.

How to Communicate Better by Using Improv Techniques. In this workshop, presenter **Mary Sohn**, a writer, actress, trainer, and improviser, will teach time-tested improv methods that will help one become a more efficient, effective, empathetic, and powerful communicator and active listener who is ready for any situation and able to create ideas on the spot.

PANELISTS AND PRESENTERS



Susie An is the general assignment reporter for 91.5 WBEZ-FM, Chicago Public Media. Her reporting on the post-bubble housing market has garnered much recognition including a prize from the Associated Press of Illinois. Ms. An's work can also be heard on National Public Radio, Canadian Broadcasting Corporation and British Broadcasting Corporation. Ms. An was born in San Diego, California, and grew up in Huntsville, Alabama. She holds a BA in Journalism from the University of Illinois Urbana-Champaign.



Elia Yi Armstrong is the Director of the UN Ethics Office. Ms. Armstrong is appearing in her individual capacity. Prior to her current appointment, she served as the Chief of the Development Management Branch at the Division for Public Administration and Development Management (DPADM), Department of Economic and Social Affairs (DESA) of the United Nations (UN), where she worked in the Public Administration Capacity Branch and Office of the Director. Ms. Armstrong has co-authored and published numerous UN policy analysis reports, served as a speaker on public sector ethics at international conferences, and served as UN DESA's working level focal point on the negotiations on UN Convention against Corruption and other anti-corruption initiatives. Ms. Armstrong holds a BSW from the University of British Columbia, Vancouver, Canada and MSc in Social Policy and Planning in Developing Countries from the London School of Economics.



Alicia Mang is a Managing Partner at Mont Fort Ventures, a strategic advisory and investment firm, and a part-time Associate Professor in the Business School at Ulsan National Institute of Science and Technology in South Korea. She serves as an advisor or board member for several for-profit venture entities and non-profit organizations. Prior to her current role, she was a Practice Leader at Hewitt Associates in the Business Intelligence Group. She started her career at Hewitt Associates as an actuarial consultant and expanded into technology and healthcare consulting and also worked at Bain & Company, a global management consulting firm. Ms. Mang received her MBA in Information Management from the University of Texas at Austin, and a BS in Mathematics from the University of Michigan at Ann Arbor. Ms. Mang and her husband Paul reside in Singapore and Chicago.



Hyon Ko is the US Head of Transformation Governance for HSBC North America. She is responsible for overseeing the governance and delivery of the change portfolio for the US Bank ensuring a clear focus on delivering the highest priority programs. Ms. Ko currently serves as board president for the Korean American Resource and Cultural Center (KRCC), a for-progress organization whose mission is to empower the Korean American community of greater Chicago through education, social service, organizing/advocacy, and culture. Ms. Ko holds a BA in Economics from the University of Illinois Urbana-Champaign, and earned her MBA from DePaul University.



Sorah Kim, JD, received her BS in Marketing from the University of Illinois at Urbana-Champaign in 2002 and her Juris Doctor from The John Marshall Law School in 2008. Ms. Kim practiced employment law in a boutique law firm for several years before leaving to raise a family. Ms. Kim is pursuing a post-baccalaureate degree in science with the intent of beginning dental school. She is currently taking a semester off as she welcomes her second daughter.

PANELISTS AND PRESENTERS, CONT.



Julie Lee Dorr is a Marriage and Family Therapist at New Life Counseling, and an active member of Perinatal Consultation Group of Family Institute at Northwestern University. She is bilingual and bicultural, working at Yonsei University and Konkuk University in Korea for 9 years where she developed curriculum for English departments, taught university students, trained teachers and government employees, and managed instructors. In addition, she translated several Korean books to English such as *Moomyung* I & II (the life and work of a famous Korean fashion designer), and *Cushion* (a self-help book). She holds a dual BA in US History and East Asian Languages and Cultures, MA in Teaching English as a Second Language from the University of Illinois at Urbana-Champaign, and MS in Marriage and Family Therapy from Edgewood College in Madison, Wisconsin.



Mary Sohn is a writer, actress, and improviser based out of Los Angeles. Originally hailing from Chicago, she received her BS in theater performance at the University of Illinois at Chicago. She spent nearly a decade performing with the famed Second City Theater in Chicago, first as a member of the National Touring Company and eventually as an alum of the both the ETC and Mainstage. Her last performance at The Second City was on the Mainstage in the show *Who Do We Think We Are?*, a Joseph Jefferson award winner for best revue. Ms. Sohn has been an active part of Second City's corporate video and training departments, where she has facilitated workshops and helped develop product content for companies such as Sara Lee, Miller Coors, and Vixen Vodka. She has traveled the country facilitating and hosting live events for companies such as Facebook and Samsung. For more information, please visit missmarysohn.com.

A very special thanks to our interns Audrey Kim (rising sophomore at the University of Illinois Urbana-Champaign), YeSol An (rising senior at New Trier High School), and Grace Shin (rising junior at Glenbrook South High School).

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KOWIN CHICAGO KOREAN WOMEN'S SCHOLARSHIP

KOWIN Chicago Chapter is pleased to announce the 1st Annual Chicago Korean Women's Scholarship Awards at the 2016 June Mentorship Luncheon.

Since 2011, KOWIN Chicago Chapter has been working on a long-term plan to provide scholarships for female students of Korean descent in developing countries. In October 2015, five members of KOWIN Chicago Chapter went on a fact-finding trip to Yanbian University of Science and Technology (YUST) in Yanji, China. This year, KOWIN Chicago is thrilled to launch the 1st annual **Chicago Korean Women's Scholarship** for female students of Korean descent at YUST. This scholarship will provide an annual award of \$1,000 to 9 students, which will cover 50% of their university tuition fees.

Any remaining proceeds of the 2016 Mentoring Luncheon will go towards the Chicago Korean Women's Scholarship fund.